CACFP Lunch/Supper Meal Requirements

Product Name: El Monterey Bean & Cheese Burritos

Based on the conversion: Based on the conversion: 4.10 oz = 2.0 oz eq Meat/Meat Alternate rounding up .25

Age	Min Ounce Equiv. Meat/Meat Alt	Min Serving Size(Burritos)
1-2 years	1	1.25 Burritos
3-5 years	1.5	2.0 Burritos
6-12 years	2	2.50 Burritos
13- Adult	2	2.50 Burritos
Notes:	One serving Meets Grains Requirments	
UPC Code	0 71007 06391 6	

SS 5 OZ BEAN & CHEESE BURRITOS

 # 06993

Case Pack	24/1/5 oz
Net Case WT(lbs)	7.5
Gross Case WT(lbs)	8.19
Case Cube	0.36
Case Dimensions	8.38 x 7.56 x 9.81
Tier and High	24 x 5
Cases per Pallet	120
Sell Unit UPC	0 71007 06391 6
Master Case UPC	1 00 71007 06993 9

Ingredients

Water,

Wheat Flour
(Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid),

Beans,

Vegetable Oil
(Soybean, Canola And/Or Corn Oil),

Pasteurized Process Cheddar Cheese Blend
(Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Hydrogenated Soybean Oil, Modified Food Starch, Maltodextrin, Sodium Phosphates, Sodium Caseinate, Whey Protein Concentrate, Salt, Enzymes, Lactic Acid, Vegetable Coloring),

Contains 2% Or Less
Modified Food Starch, Salt, Jalapeno Peppers (With Salt, Acetic Acid, Water, Calcium Chloride), Cultured Sugar, Dough Conditioners (Salt, Yeast, Cellulose Gum, Guar Gum, Wheat Starch, Sodium Metabisulfite, Sodium Stearoyl Lactylate, L-Cysteine, Mono And Diglycerides, Dicalcium Phosphate, Microcrystalline Cellulose), Glucono Delta-Lactone, Flavor, Spices.
Contains: Wheat, Milk.

Nutrition Facts

1 servings per container

Serving size **1 BURRITO (142g)**

Amount per serving

Calories **280**

	% Daily Value*
Total Fat 8g	**10%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 370mg	**16%**
Total Carbohydrate 44g	**16%**
Dietary Fiber 3g	**11%**
Total Sugars 1g	
Includes Added Sugars	**0%**
Protein 9g	**16%**
Vitamin D 0mg	0%
Calcium 43mg	4%
Iron 3mg	15%
Potassium 234mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to your daily diet. 2,000 calories a day is used for general nutrition advice.

Shelf Life

Frozen: 455 days AT OR BELOW 10º F Refrigerated: 14 days AT OR BELOW 40º F

Cooking Instructions

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Ruiz FOODS

California • Texas • South Carolina

CN FACT SHEET

CONFIDENTIAL/PROPRIETARY INFORMATION

PRODUCT Bean & Cheese Burrito

PRODUCT CODE NUMBER 06993 (not currently CN labeled)

TOTAL WEIGHT OF COOKED PRODUCT	5.00	OZ
WEIGHT OF ENRICHED TORTILLA	2.50	OZ
TOTAL WEIGHT OF COOKED FILLING	2.50	OZ
TOTAL WEIGHT OF RAW FILLING	2.50	OZ
WEIGHT OF RAW MEAT	0.00	OZ
PERCENTAGE OF FAT RAW MEAT	na	%
WEIGHT OF DRY TVP	0.00	OZ
WEIGHT OF HYDRATED TVP	0.00	OZ
WEIGHT OF RAW MEAT & HYDRATED TVP	0.00	OZ
WEIGHT OF DRY PINTO BEANS	0.46	OZ
WEIGHT OF PINTO BEANS, FACTORED	0.60	OZ
APPROXIMATE WEIGHT OF COOKED MEAT WITH TVP	0.00	OZ
CONTRIBUTION OF CHEESE/CHEESE ALTERNATES	0.00	OZ

CONTRIBUTION OF MEAT/MEAT ALTERNATE **0.50** **OZ**

NUMBER OF BREAD SERVINGS **2 1/4**

I certify that the Vegetable Protein Product (VVP) used in these products conforms to FNS Instructions 219. That is: (1) The TVP used is on the FNS approved list; (2) The TVP is rehydrated 1.88 to 1 by weight (1.88 parts water to 1 part dry TVP); (3) The hydrated TVP is not more than 30 to 70 by weight (30 parts hydrated TVP to 70 parts meat). These specifications will supersede all previous sheets issued.

This information is based on theoretical calculations and is not a result of actual laboratory analysis.

.*Tortilla is not whole grain.

10/14/2025
Date

Rena Lopez
Director, Regulatory & Consumer Affairs

Microwave from frozen

SETTING: HIGH (1,100 WATT)
OPEN ONE END OF FILM TO VENT.
FROZEN: 1 MINUTE 30 SECONDS
LET PRODUCT STAND 1 MINUTE BEFORE EATING.
FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 161°F.
SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.
CAUTION: PRODUCT MAY BE HOT.

Microwave from thawed

SETTING: HIGH (1,100 WATT)
OPEN ONE END OF FILM TO VENT.
THAWED: 45 SECONDS
LET PRODUCT STAND 1 MINUTE BEFORE EATING.
FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 161°F.
SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.
CAUTION: PRODUCT MAY BE HOT.

Conventional oven from frozen

PREHEAT OVEN TO 375º F.
OPEN ONE END OF PACKAGE TO VENT.
PLACE ON BAKING SHEET WITH LOW SIDES.
FROZEN: COOK FOR 20 MINUTES, FLIP AND COOK FOR 20 MORE MINUTES.
LET PRODUCT STAND 2 MINUTES BEFORE EATING.
FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 161°F.
SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.
CAUTION: PRODUCT MAY BE HOT.

Conventional oven from thawed

PREHEAT OVEN TO 350º F
OPEN ONE END OF PACKAGE TO VENT.
PLACE ON BAKING SHEET WITH LOW SIDES.
THAWED: COOK FOR 13 MINUTES, FLIP AND COOK FOR 13 MORE MINUTES.
LET PRODUCT STAND 2 MINUTES BEFORE EATING.
FOR FOOD SAFETY AND QUALITY, INTERNAL PRODUCT TEMPERATURE MUST REACH 161°F.
SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.
CAUTION: PRODUCT MAY BE HOT.

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