



Minimum Serving Sizes for Johns Soules Foods Chicken Fajitas		
Age Group	Meat/Meat Alt Requirement (oz)	Required Serving Size (oz)
1-2 years	1	1.33
3-5 years	1.5	1.99
6-12 years	2	2.65
13-18 years	2	2.65

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Nutrition Facts	
Serving size 3oz (85g)	
Amount per serving	
Calories	110
Total Fat	10g
Total Crap	10g
Total Sugar	10g
Total Protein	10g
Total Cholesterol	10g
Total Sodium	10g
Total Potassium	10g
Total Fiber	10g
Total Vitamins	10g
Total Minerals	10g
Total Antioxidants	10g
Total Phytochemicals	10g
Total Omega-3s	10g
Total Omega-6s	10g
Total Trans Fats	10g
Total Saturated Fats	10g
Total Unsaturated Fats	10g
Total Polyunsaturated Fats	10g
Total Monounsaturated Fats	10g
Total Cholesterol	10g
Total Sodium	10g
Total Potassium	10g
Total Fiber	10g
Total Vitamins	10g
Total Minerals	10g
Total Antioxidants	10g
Total Phytochemicals	10g
Total Omega-3s	10g
Total Omega-6s	10g
Total Trans Fats	10g
Total Saturated Fats	10g
Total Unsaturated Fats	10g
Total Polyunsaturated Fats	10g
Total Monounsaturated Fats	10g





Product Formulation Statement for Meat/Meat Alternate (M/MA) Products

(Contracting entities must retain a copy of the label from the product package in addition to the following information on the manufacturer's letterhead that is signed by an official representative of the manufacturer.)

Product Name: Fully Cooked Chicken Fajitas
Fire-Grilled Chicken Breast Strips with Authentic Fajita Seasoning

Code No.: JSF# 12453

Manufacturer: John Soules Foods, Inc

Serving Size: 2.65 oz

I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of meat/meat alternate.

A Description of Creditable Ingredients per <i>Food Buying Guide for School Meal Programs</i>	B Ounces per Raw Portion of Creditable Ingredient	Multiply (B x C)	C FBG Yield/ Servings Per Unit	D Creditable Amount (Result of B x C)
Boneless, Skinless Chicken Breast	2.76 oz.	x	0.73	2.02 oz.
		x		
		x		
A. Total Creditable Amount				2.02 oz.

II. Alternate Protein Product (APP)

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in the Attachment A: Sample on the next page for each APP used.

A Description of APP, Manufacture's Name, and Code Number	B Ounces Dry APP Per Portion	Multiply (B x C)	C % of Protein As-Is	Divide (C ÷ 18)	D Creditable Amount APP
N/A	N/A	x	N/A	÷ by 18	N/A
		x		÷ by 18	
		x		÷ by 18	
B. Total Creditable Amount					N/A
C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest .25 ounce)					2.00 oz.

III. Total

Total weight per portion of product as purchased 2.65 oz. Total creditable contribution of product (per portion) 2.00 oz

I certify that the above information is true and correct and that an above ounce serving of the above product (ready for serving) contains the above creditable amount of equivalent meat when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Clarissa Vega
Signature of Company Official

R&D Specs & Labels
Title

Clarissa Vega
Printed Name

04/02/2025
Date

903-805-0192
Phone Number

*Alternatively: 3.00 oz of product as purchased contains a total of 2.25 oz creditable amount of equivalent meat when prepared according to directions.