



Food For Kids Annual CACFP Training For Home Providers

Presented by Haley Zeme





Introductions



- Introduce yourself with the following
 - Name
 - How long you have been a childcare provider
 - Favorite thing about being a childcare provider



Meet our staff!



Alix Pasillas, Executive
Director, Reno
CMP, CCNP



Kevin Bloem, Assistant
Director, Reno
CCNP



Pam Heisler, Field Monitor/
Homes Processor, Reno
CCNP



Jodi Zollin, Field
Monitor, Las Vegas



Melissa Jones, Field
Monitor, Las Vegas



Amanda Green, Claims
Processor, Reno



Agenda

Overview of CACFP

Meal Patterns, Meal Service, and Child Nutrition

Compliance and Record Keeping

Claims Submission and Reimbursement

Monitoring Visits and Serious Deficiency Process

Civil Rights Requirements



Housekeeping



Bathrooms



Snacks and
Water



Breaks



Booklets



Certificates

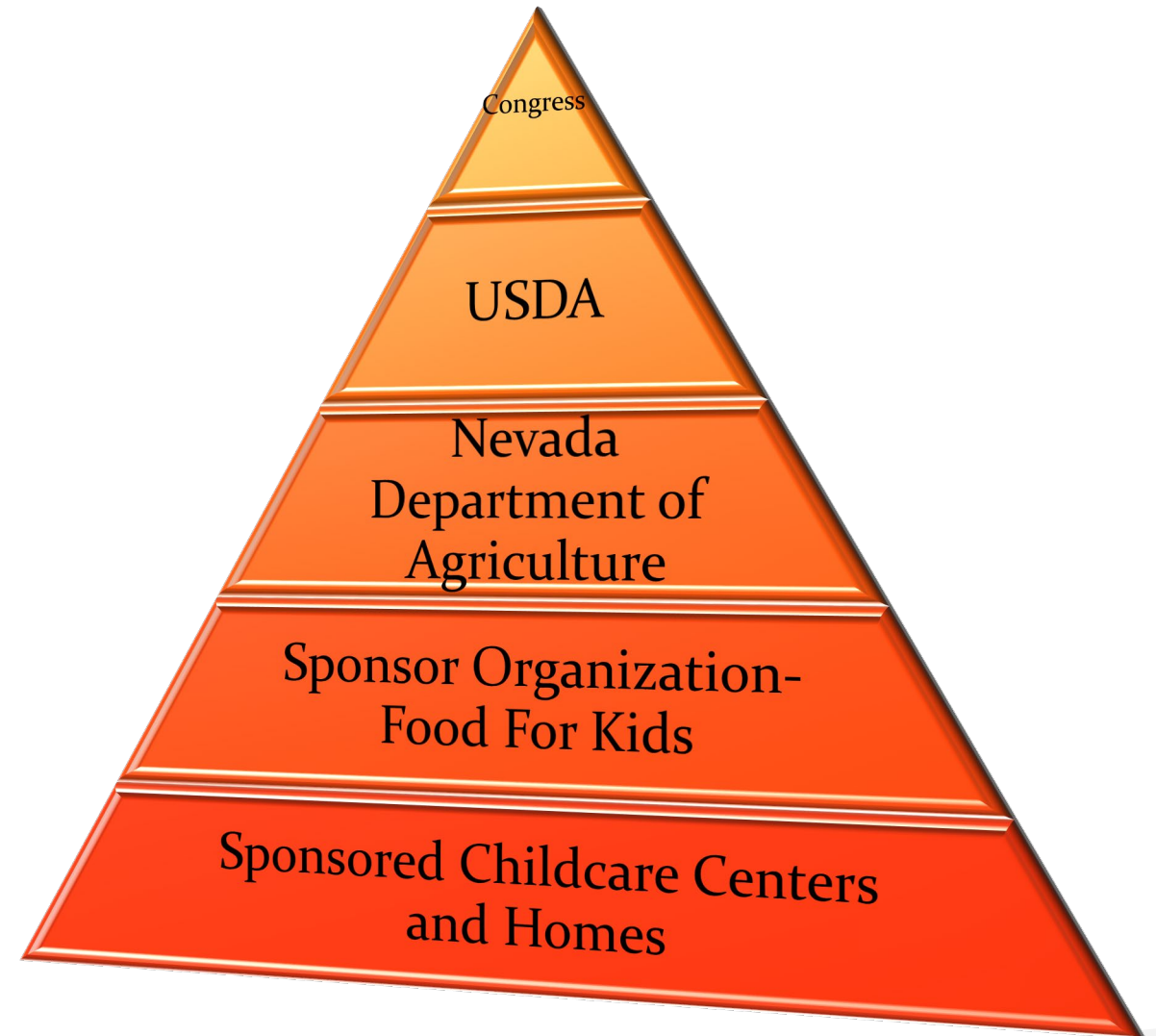


Questions



What is CACFP?

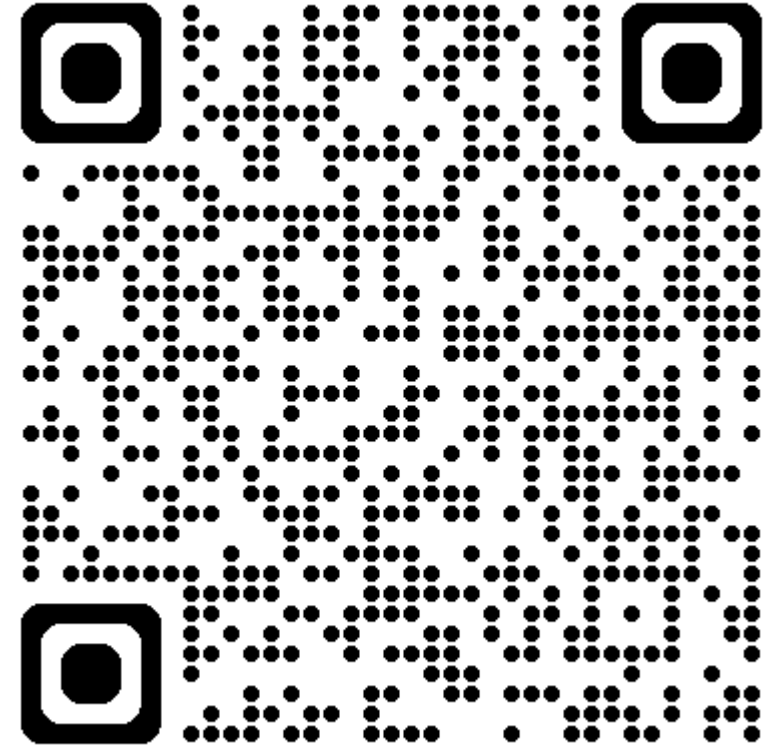
- Child and Adult Care Food Program (CACFP)
 - Provides meal reimbursement for serving nutritious meals and snacks to eligible children at day care





How to affect change in CACFP Policy?

- Sponsors and sponsored sites abide by regulations made at the federal and state levels to remain compliant
- However, sometimes change is necessary
 - Let us know your concerns!
 - Get involved in policy advocacy
 - 2 pending pieces of legislation
 - Write to your representatives



Scan me to go to the NCA Action Center!

Upcoming Policy Changes in CACFP

- October 1, 2025- Changes sugar limits in cereal and yogurt from total sugars to added sugars
 - Cereals- no more than 6 g added sugars per dry oz
 - Yogurt- no more than 12 g added sugars per 6 oz

Nutrition Facts

About 11 servings per container

Serving size **1 Cup (59g)**

	Cereal	with ³ / ₄ cup skim milk
Calories	190	250
	% DV*	% DV*
Total Fat	1g 1%	1.5g 2%
Saturated Fat	0g 0%	0g 0%
Trans Fat	0g	0g
Polyunsat. Fat	0.5g	0.5g
Monounsat. Fat	0g	0g
Cholesterol	0mg 0%	<5mg 1%
Sodium	200mg 9%	280mg 12%
Total Carb.	47g 17%	56g 20%
Dietary Fiber	7g 26%	7g 26%
Total Sugars	17g	26g
Incl. Added Sugars	9g 18%	9g 18%
Protein	5g 4%	11g 16%
Vitamin D	0mcg 0%	2.2mcg 10%
Calcium	20mg 0%	240mg 15%
Iron	1.8mg 10%	1.8mg 10%
Potassium	280mg 6%	560mg 10%
Niacin	15%	20%
Phosphorus	10%	25%
Magnesium	15%	20%
Zinc	10%	15%
Selenium	10%	20%
Copper	20%	20%
Manganese	80%	80%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





CACFP Meal Pattern Requirements





What are the meal pattern components?





Milk, Milk and more Milk...

- Required component at breakfast, lunch, and dinner for all age groups
 - Optional component at snack
- Must be liquid cow's milk unless...
 - Parent note- CACFP approved soy milk/nutritionally equivalent milk
 - Doctor's note- for any other milk substitute
 - Includes: Almond, coconut, oat milk, etc





...and even more milk

Age Group	Creditable Milk
Newborn- <1 year old	Breastmilk* and iron fortified infant formula
12-13 months	Can continue to feed mixture of iron fortified infant formula and whole milk during transition
12 mo-24 mo	Unflavored whole milk
Between 24-25 months	2% milk CAN be used to help child transition from WM to LF/Skim
2-5 years old	Unflavored skim or low fat (1%) milk
6 years through adulthood	Unflavored skim or 1% milk Flavored skim or 1 % milk (max 1x per week)

*Breastmilk is creditable at any age in CACFP





Milk Substitute in CACFP

- Certain exceptions to the meal pattern can be made
- A medical statement signed by a parent is sufficient for milk substitute that is nutritionally equivalent to cow's milk or for lactose-free milk
 - Soy milk is the only milk substitute that is currently nutritionally equivalent to cow's milk
- For any other milk substitute, a medical professional must provide a signed statement specifying the child's disability, foods to be omitted, and appropriate substitutes for those foods





Vegetables

- Veggies are an important source of vitamins and minerals as well as dietary fiber
- At least one serving of vegetables must be served at lunch and dinner
- Can serve at breakfast if not serving a fruit
- Raw leafy veggies credit for half the amount served and cooked leafy veggies credit for the entire amount served
- Dried vegetables credit for twice the amount served





Vegetables Examples

Creditable

- Leafy greens
- Carrots
- Avocado
- Tomatoes
- Squash
- Corn
- Pumpkin
- Cucumber
- Beans and peas
- Canned vegetables
- Potatoes

Not Creditable

- Condiments- ketchup, jelly
- Cornbread
- Rice (as a veg)
- Home-canned vegetables
- Any veggie served in an amount smaller than 1/8th cup
- Vegetables that are blended for serving in a smoothie credit as juice, and juice can only credit 1 time per day

this is not an exhaustive list; check the crediting handbook if you are unsure how an item credits in the CACFP





Fruit

- Fruits are an important part of a balanced diet and provide many nutrients
- Fruits are served at lunch and supper
- Can serve at breakfast instead of vegetable
- Fruits are optional for snack





Fruit Examples

Creditable

- Apples
- Bananas
- Papaya
- Cherries
- Grapes
- Mango
- Peaches
- Pears
- Plums
- Berries- all kinds!
- Kiwi
- Star fruit
- Coconut

Not Creditable

- Jelly
- Home-canned fruit
- Fruit as dessert (fruit pie-grain based dessert)





Grains

- Grains are a great source of vitamins, minerals, carbohydrates, and fiber
- You must serve at least 1 grain per day that is whole grain rich even if only one meal/snack is served that contains a grain
 - Best practice is to serve 2 whole grain items per day
 - WGR can be determined by Rule of Three, WIC Shopping Guide, a CN Label, FDA Whole Grain Health claims, or if a pasta/bread has “Whole Grain” in the name





Identifying Whole Grain Rich Foods

- 1) The Rule of Three
 - Look at the nutrition label
 - first ingredient needs to be whole grain
 - second and third ingredients need to be either whole grain, enriched, bran, or germ
- 2) Nevada WIC Shopping Guide
- 3) Documentation- a CN label showing that whole grains are the primary main ingredient in the food item
- 4) FDA Whole Grain Health Claims on the package
- 5) Labels- if a bread or pasta says “whole wheat” in the name, it is WGR





FDA Whole Grain Health Claims

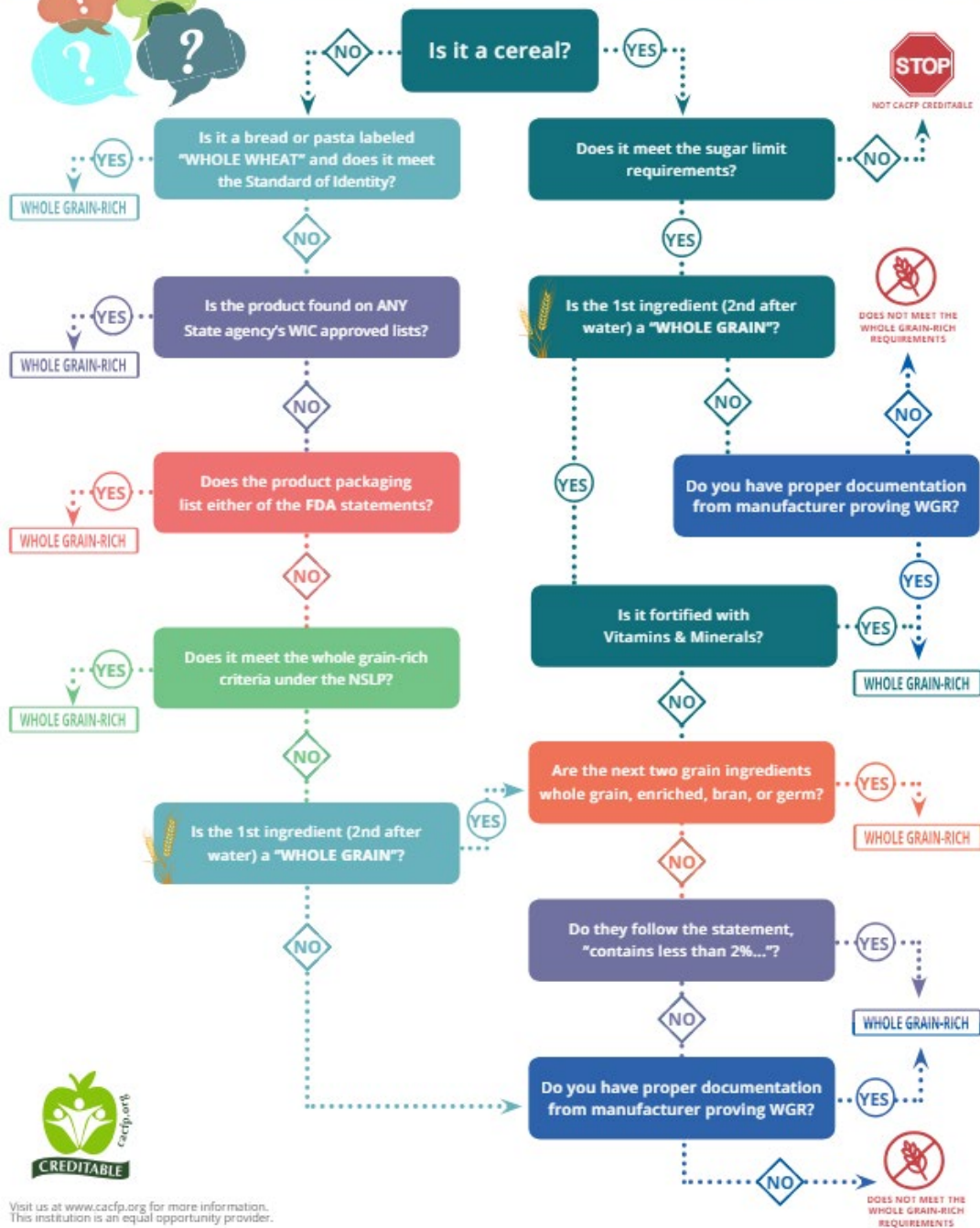
“Diets rich in whole grain foods and other plant foods and low in total fat, saturated fat, and cholesterol may reduce the risk of heart disease and certain cancers”

OR

“Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol, may help reduce the risk of heart disease”



Wondering if your food is **WHOLE GRAIN-RICH**?



Visit us at www.cacfp.org for more information. This institution is an equal opportunity provider.

Whole Grain Rich Flow Chart

- Great tool to ensure you check all the boxes when crediting a whole grain rich item
- Simply follow the flow chart through all the questions to find if an item is whole grain rich



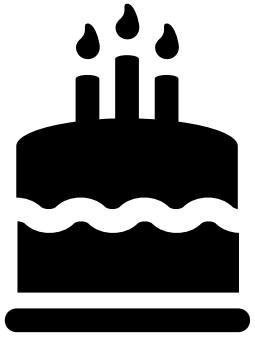
Grain Ounce Equivalents- What are those?

Grains Measuring Chart for the Child and Adult Care Food Program			
 Grain Item and Size	Age Group and Meal		
	1- through 5-year-olds at Breakfast, Lunch, Supper, Snack Serve at Least ½ oz. eq., which equals about...	6- through 18-year-olds at Breakfast, Lunch, Supper, Snack Adults at Snack only Serve at Least 1 oz. eq., which equals about...	Adults at Breakfast, Lunch, Supper Serve at Least 2 oz. eq., which equals about...
Bagel (entire bagel) at least 56 grams*	¼ bagel or 14 grams	½ bagel or 28 grams	1 bagel or 56 grams
Bagel, Mini (entire bagel) at least 28 grams*	½ bagel or 14 grams	1 bagel or 28 grams	2 bagels or 56 grams
Biscuit at least 28 grams*	½ biscuit or 14 grams	1 biscuit or 28 grams	2 biscuits or 56 grams
Bread (whole grain-rich or enriched) at least 28 grams*	½ slice or 14 grams	1 slice or 28 grams	2 slices or 56 grams
Bun or Roll (entire bun or roll) at least 28 grams*	½ bun/roll or 14 grams	1 bun/roll or 28 grams	2 buns/rolls or 56 grams
Cereal Grains (barley, bulgur, quinoa, etc.)	¼ cup cooked or 14 grams dry	½ cup cooked or 28 grams dry	1 cup cooked or 56 grams dry
Cereal, Ready-to-Eat: Flakes or Rounds	½ cup or 14 grams	1 cup or 28 grams	2 cups or 56 grams
Cereal, Ready-to-Eat: Granola	¼ cup or 14 grams	¼ cup or 28 grams	½ cup or 56 grams
Cereal, Ready-to-Eat: Puffed	¾ cup or 14 grams	1 ¼ cup or 28 grams	2 ½ cups or 56 grams
Corn Muffin at least 34 grams*	½ muffin or 17 grams	1 muffin or 34 grams	2 muffins or 68 grams
Cracker, Animal (about 1 ½" by 1")**	8 crackers or 14 grams	15 crackers or 28 grams	30 crackers (~1 cup) or 56 grams
Cracker, Bear-Shaped, Sweet (about 1" by ½")**	12 crackers (~¼ cup) or 14 grams	24 crackers (~½ cup) or 28 grams	48 crackers (~1 cup) or 56 grams
Cracker, Cheese, Square, Savory (about 1" by 1")**	10 crackers or 11 grams	20 crackers (~⅓ cup) or 22 grams	40 crackers (~⅔ cup) or 44 grams
Cracker, Fish-Shaped or Similar, Savory (about ¾" by ½")**	21 crackers (~¼ cup) or 11 grams	41 crackers (~½ cup) or 22 grams	81 crackers (~1 cup) or 44 grams

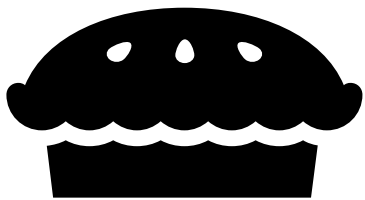
- Grain ounce equivalents are a unit of measurement used in CACFP to ensure that participants are served enough grains at each meal
- Resource- Grains Measuring Chart



Grain-Based Desserts



- Grain-based desserts are not creditable in the CACFP
- This includes granola bars, cereal bars, sweet pies, cupcakes, vanilla wafers, cookies, brownies, etc.
- Animal crackers and graham crackers are the only grain-based dessert items that are creditable
- You can serve treats for special occasions outside of your CACFP mealtimes





Meat and Meat Alternate

- Required component at lunch and dinner
- Can serve instead of grains component at breakfast up to 3 times per week
- Best to choose lean meats lower in saturated fat and salt as a best practice





Meat and Meat Alternate Examples

Creditable

- Chicken
- Beef
- Pork
- Fish
- Beans
- Whole eggs
- Cheese
- Nut Butters
- Yogurt

Creditable with a CN Label

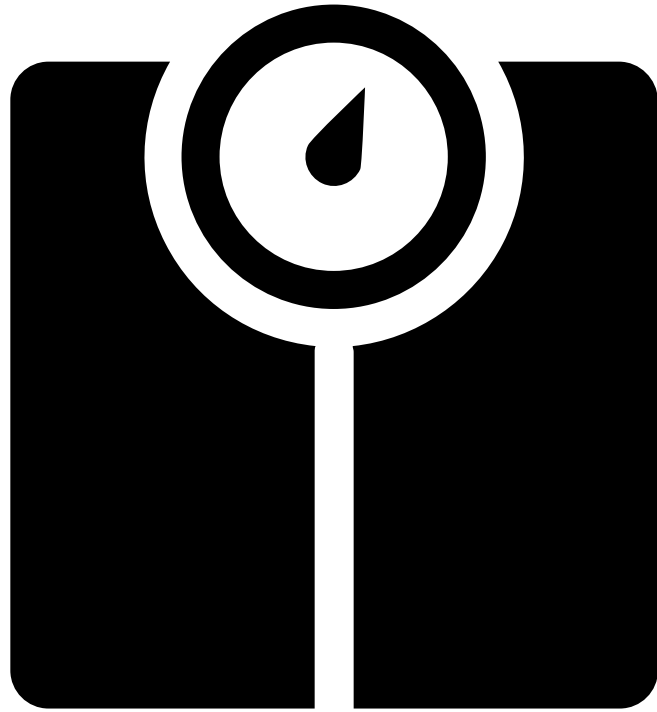
- Chicken nuggets with breading
- Hot dogs
- Fish sticks
- Jerkey
- Turkey bacon
- Vegetable patties/burgers
- Deli meats
- Canadian bacon
- Tofu

Not Creditable

- Bacon
- Processed meat without a CN Label
- Egg substitute
- Egg components (just whites or yolks)
- Imitation cheeses
- Deep-fried meats prepared onsite
- Cream cheese*
- Pepperoni*



Meat ounce equivalents



- For lean meats, poultry, and fish →
 - Ounce eq = Ounces served
- CN labels/product formulation statements will list the ounce equivalents of creditable meat in a serving of a product
- For all other M/MA, reference the serving size tables provided by NCA

Meat Ounce Equivalents at Breakfast

	Ages 1 - 2 years and 3 - 5 years	Ages 6 - 12 years and 13 - 18 years	Adults
Minimum amount of meats/meat alternates required when served instead of grains at breakfast	½ ounce equivalent	1 ounce equivalent	2 ounce equivalents
Meats/Meat Alternates:	is equal to:	is equal to:	is equal to:
Beans or peas (cooked)	⅛ cup	¼ cup	½ cup
Natural or processed cheese	½ ounce	1 ounce	2 ounces
Cottage or ricotta cheese	⅛ cup (1 ounce)	¼ cup (2 ounces)	½ cup (4 ounces)
Eggs	¼ large egg	½ large egg	1 large egg
Lean meat, poultry, or fish	½ ounce	1 ounce	2 ounces
Peanut butter, soy nut butter, or other nut or seed butters	1 tablespoon	2 tablespoons	4 tablespoons
Tofu (store-bought or commercially prepared)	⅛ cup (1.1 ounces) with at least 2.5 grams of protein	¼ cup (2.2 ounces) with at least 5 grams of protein	½ cup (4.4 ounces) with at least 10 grams of protein
Yogurt (including soy yogurt)	¼ cup of yogurt (2 ounces)	½ cup of yogurt (4 ounces)	1 cup of yogurt (8 ounces)



Meat Ounce Equivalents at Lunch and Supper

Minimum Required Amounts at Lunch/Supper				
Meats and/or Meat Alternates	Ages 1 through 2	Ages 3 through 5	Ages 6 through 18	Adults
	1 oz eq is equal to:	1½ oz eq is equal to:	2 oz eq is equal to:	2 oz eq is equal to:
Beans, peas, or lentils	¼ cup (4 tablespoons)	⅜ cup (6 tablespoons)	½ cup (8 tablespoons)	½ cup (8 tablespoons)
Cheese, natural or processed	1 oz	1½ oz	2 oz	2 oz
Cottage or ricotta cheese	¼ cup (2 oz)	⅜ cup (3 oz)	½ cup (4 oz)	½ cup (4 oz)
Eggs (whole)	½ large egg	¾ large egg	1 large egg	1 large egg
Fish (cooked, with skin or skinless)	1 oz	1½ oz	2 oz	2 oz
Lean beef, chicken, pork, or turkey (cooked, with skin or skinless)	1 oz	1½ oz	2 oz	2 oz
Nut and seed butters (e.g., peanut butter, sunflower butter, etc.)	2 tablespoons	3 tablespoons	4 tablespoons	4 tablespoons
Nuts and seeds	½ oz = ½ oz eq*	¾ oz = ¾ oz eq*	1 oz = 1 oz eq*	1 oz = 1 oz eq*
Surimi	3 oz	4.4 oz	6 oz	6 oz
Tempeh**	1 oz	1½ oz	2 oz	2 oz
Tofu (store-bought/ commercially prepared)	¼ cup (2.2 oz) with at least 5 grams of protein	⅜ cup (3.3 oz) with at least 7.5 grams of protein	½ cup (4.4 oz) with at least 10 grams of protein	½ cup (4.4 oz) with at least 10 grams of protein
Yogurt*** (including Greek and soy yogurt)	½ cup of yogurt (4 oz)	¾ cup of yogurt (6 oz)	1 cup of yogurt (8 oz)	1 cup of yogurt (8 oz)





Sugar Limits- Yogurt and Cereal

- Yogurt and cereal are both subject to sugar limits in the CACFP
- A lot of cereals marketed as healthy have a lot of sugar!
- Identifying yogurts/cereals that meet the limits can be done by:
 - Using WIC Shopping Guide
 - Using the calculator on FFK Website
 - Resources → Sugar Calculator
 - Look at Nutrition Facts and reference USDA's sugar content tables or calculate sugar concentration
 - Cereals- must not have more than 6 grams of sugar per dry ounce
 - Yogurts- must not have more than 23 g of sugar per 6 ounces



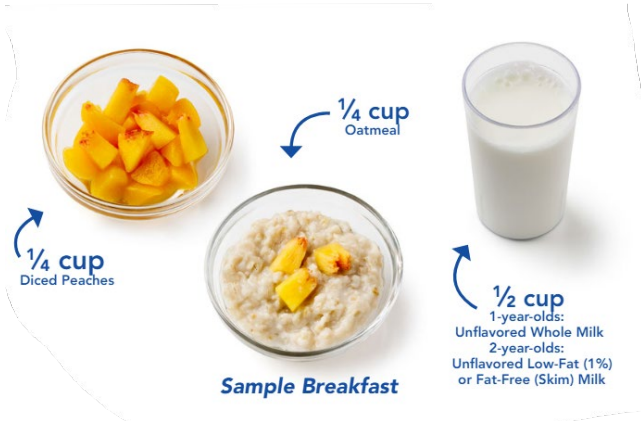
Breakfast Meal Pattern

Component	Ages 1-2	Ages 3-5	Ages 6-18	Adults
Milk	½ c	¾ c	1 c	1 c
Vegetable, Fruit, or both	¼ c	½ c	½ c	½ c
Grain	½ oz eq	½ oz eq	1 oz eq	2 oz eq
Meat/Meat alt*	½ oz eq	½ oz eq	1 oz eq	2 oz eq

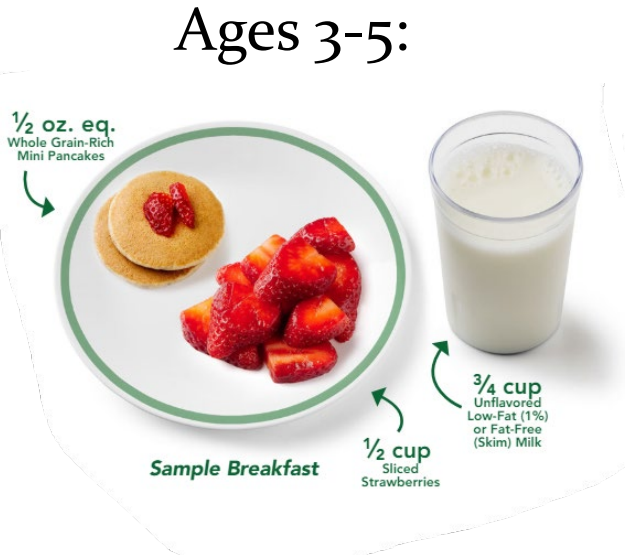
- Meat and meat alternates can be served instead of the grain component at breakfast a maximum of 3 times per week and be creditable
- Can still serve a meat/MA on other days; but it will not credit, and will have to be in addition to the grain component



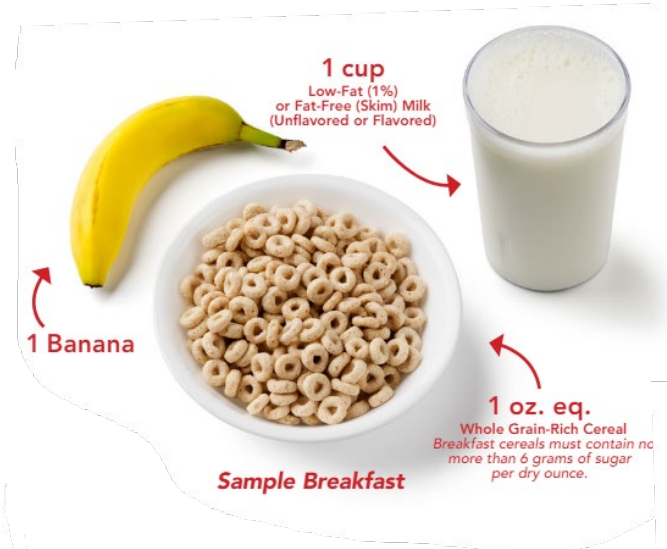
Sample Breakfast Options



Ages 1-2:

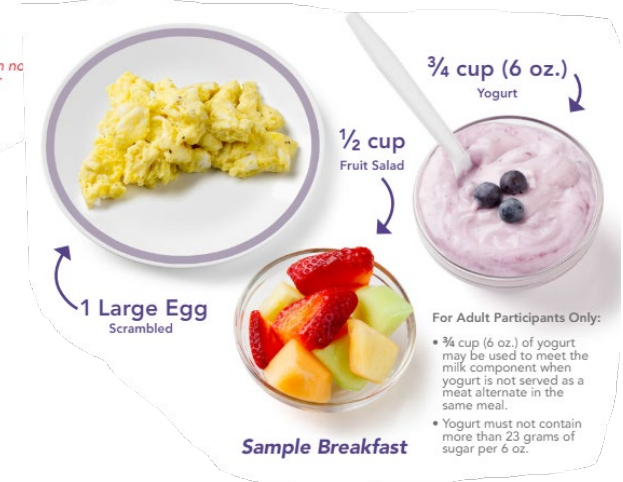


Ages 3-5:



Ages 6-12; 13-18:

Adults:



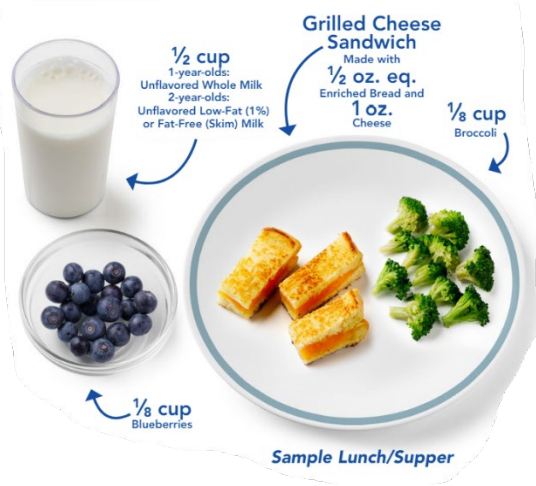
Lunch/Supper Meal Pattern- Serve all 5 components at each meal

Component	Ages 1-2	Ages 3-5	Ages 6-18	Adults
Milk	½ c	¾ c	1 c	1 c
Vegetable	1/8 c	¼ c	½ c	½ c
Fruit	1/8 c	¼ c	¼ c	½ c
Meat/Meat Alternate	1 oz	1.5 oz	2 oz	2 oz
Grain	½ oz eq	½ oz eq	1 oz eq	2 oz eq

- Can serve a second, different vegetable in place of the fruit component at lunch and supper

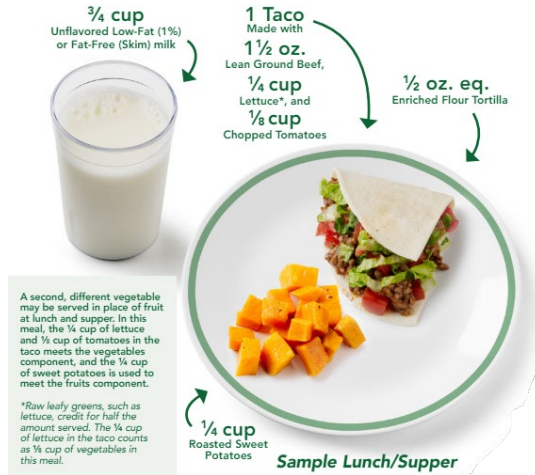


Sample Lunch/Supper Options



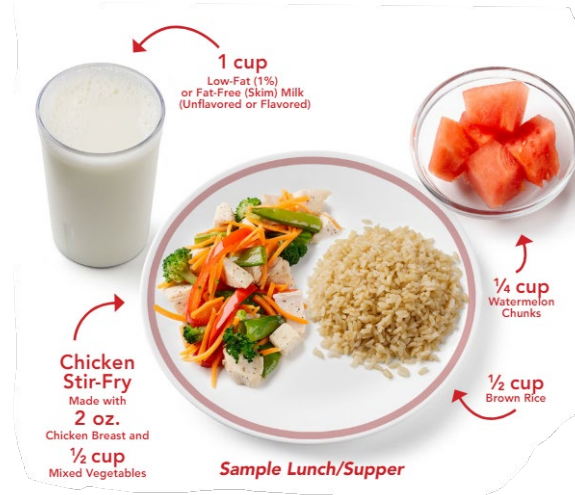
Ages 1-2

Ages 3-5



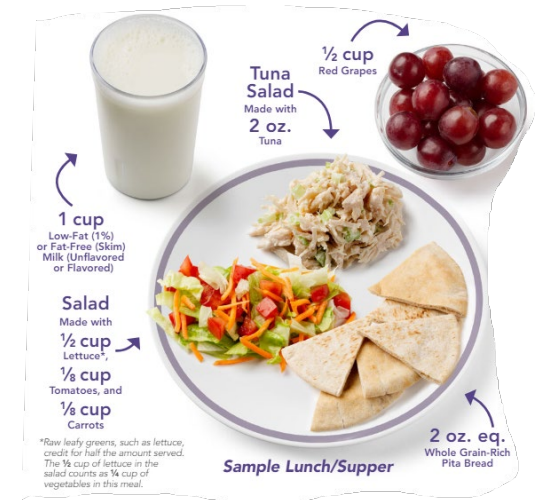
A second, different vegetable may be served in place of fruit at lunch and supper. In this meal, the 1/4 cup of lettuce and 1/8 cup of tomatoes in the taco meets the vegetables component, and the 1/4 cup of sweet potatoes is used to meet the fruits component.

*Raw leafy greens, such as lettuce, credit for half the amount served. The 1/4 cup of lettuce in the taco counts as 1/8 cup of vegetables in this meal.



Ages 6-12; 13-18

Adults



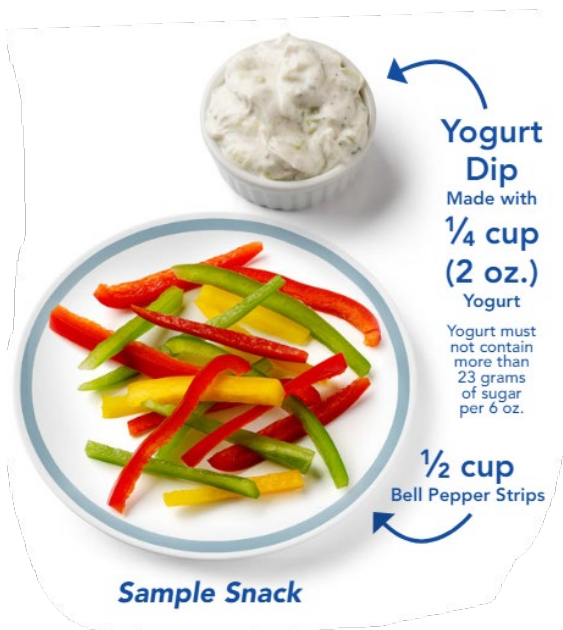
*Raw leafy greens, such as lettuce, credit for half the amount served. The 1/2 cup of lettuce in the salad counts as 1/4 cup of vegetables in this meal.



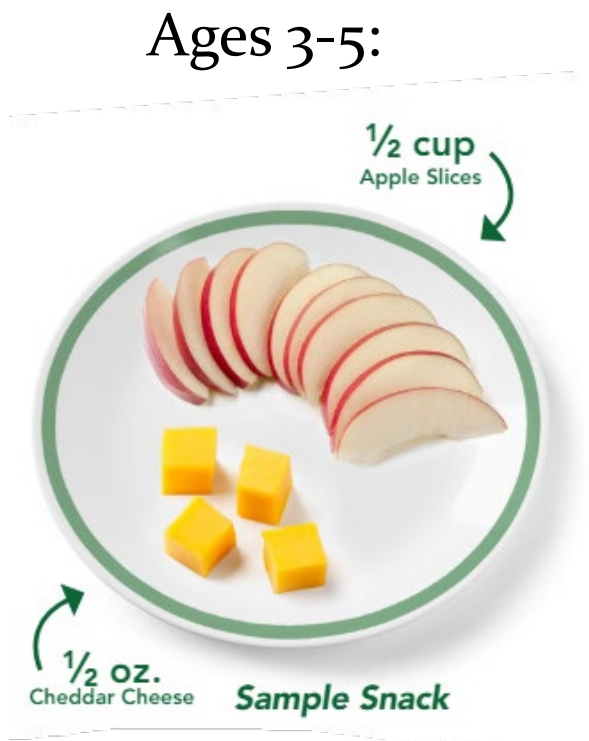
Snack Meal Pattern- Select 2 of the 5 components to serve

Component	Ages 1-2	Ages 3-5	Ages 6-18	Adults
Milk	½ c	½ c	1 c	1 c
Vegetable	½ c	½ c	¾ c	½ c
Fruit	½ c	½ c	¾ c	½ c
Meat/Meat Alternate	½ oz	½ oz	1 oz	1 oz
Grain	½ oz eq	½ oz eq	1 oz eq	1 oz eq

Sample Snack Options



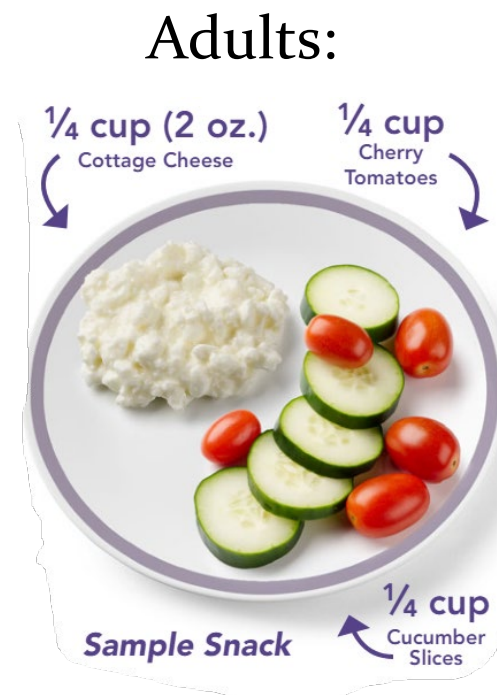
Ages 1-2:



Ages 3-5:



Ages 6-12; 13-18:

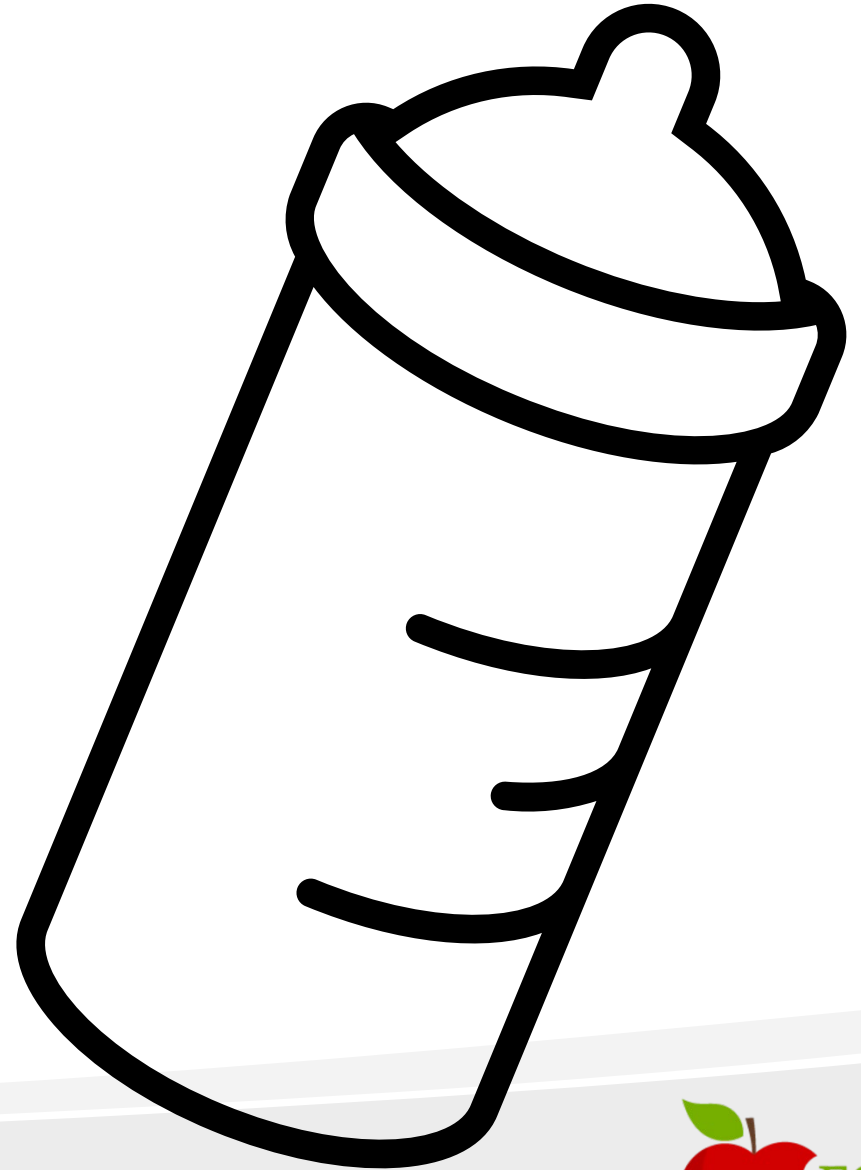


Adults:



Infant Meal Pattern

- Breastmilk or iron-fortified infant formula is required to be served to infants through 1 year of age
 - Home offers one iron-fortified infant formula; parents can accept offered formula or provide either breastmilk or an alternative iron-fortified infant formula
- Serve on demand
- As foods are introduced, communicate regularly with the parents to see what their baby is eating!
- Parents can only provide 1 component for the meal to still credit
- Infant feeding form section of enrollment form

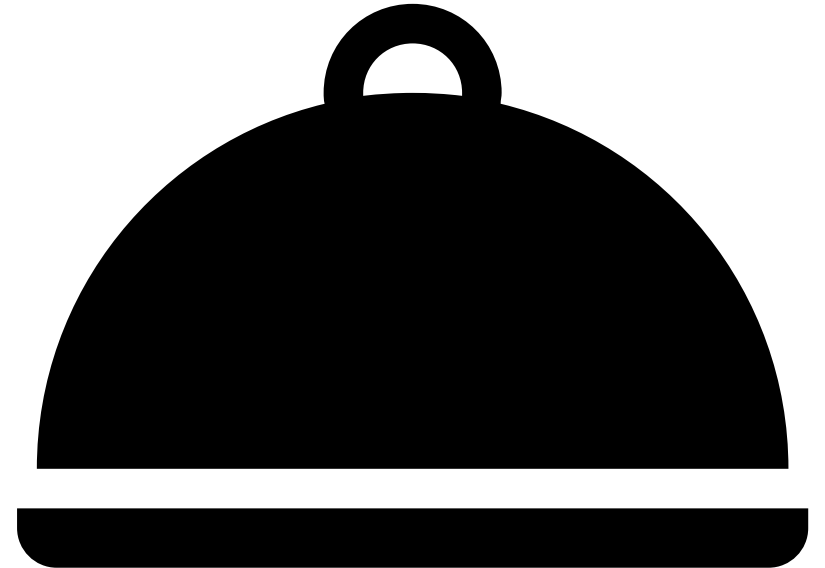


Ages birth- 5 months- All meals		
4-6 oz		Breastmilk or formula
Ages 6-11 months- Breakfast, Lunch, and Supper		
Milk	6-8 oz	Breastmilk or formula
Grain/Meat/Meat Alternate	0-1/2 oz eq	Infant Cereal OR
	0-4 tbsp	Meat, fish, poultry, whole egg, or cooked dry beans OR
	0-2 oz	Cheese OR
	0-4 oz	Cottage cheese or yogurt
	0-4 oz	A combination of above
Fruit or vegetable	0-2 tbsp	Vegetable or fruit or a combination of both
Ages 6-11 months- Snack		
Milk	2-4 oz	Breastmilk or formula
Grain/Meat/Meat Alternate	0-1/2 oz eq	Sliced bread OR
	0-1/4 oz eq	Crackers
	0-1/2 oz	Infant cereal
	0-1/4 oz eq	Ready to eat breakfast cereal
Fruit or vegetable	0-2 tbsp	Vegetable or fruit or a combination of both



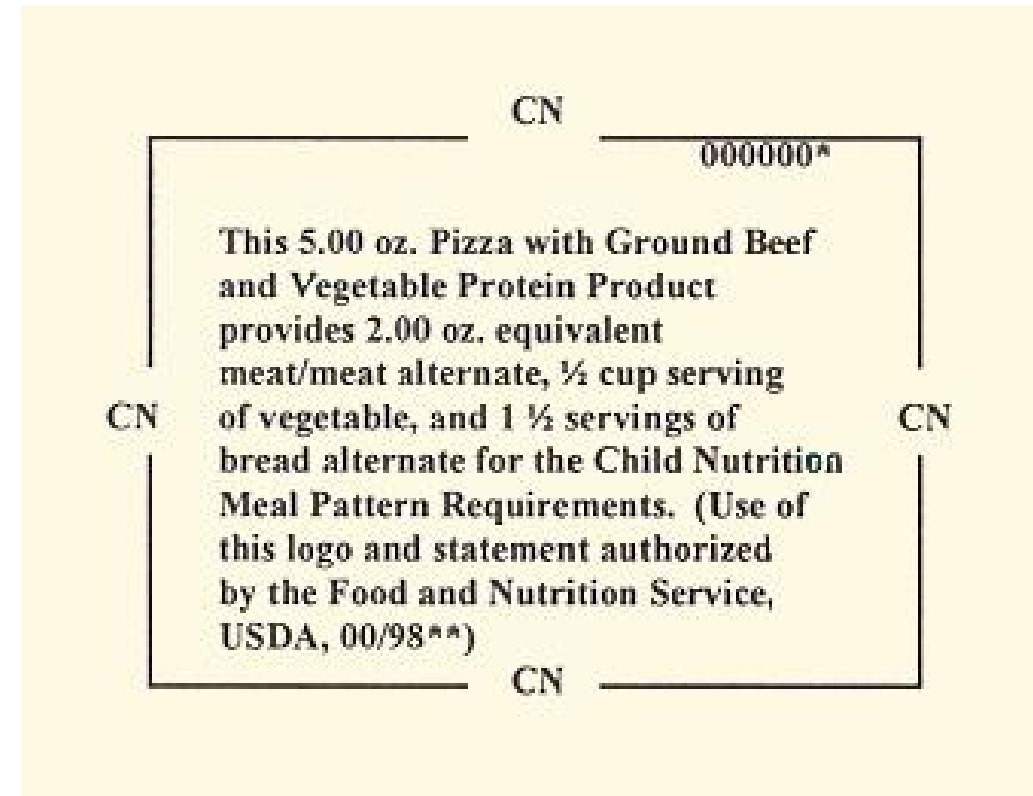
Meal Service

- Must serve meals during your approved mealtimes
- Can only claim meals approved on application
- Can serve either plated meals or do family style meal service
- All participants must wash their hands with soap and water before mealtime



Child Nutrition (CN) Labels and Product Formulation Statements (PFS)

- Required for all processed, combination foods
- List the amount of creditable component that is found in the food item
- Used to calculate an appropriate serving size so that the minimum serving size can be met for individual components





What's the difference between PFS and CN?

CN labeled products are subject to meet rules, regulations, and inspections for standardized manufactured food items put forth by the USDA, who approves all CN labels

PFS also break down the actual amount of creditable components found in the food, but are not regulated by the USDA

Where to look for CN Labeled Foods?

- Our website, foodforkidsnevada.org!
 - Resources → Child Nutrition (CN)
- If you want to serve an item not listed, reach out with a picture of the item package including the UPC Code so that we can get a CN label **before** you purchase that item



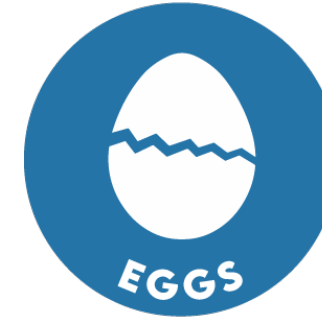
All Serving sizes are the minimum serving sizes to meet CACFP requirement of a creditable product (i.e. Meat/Meat Alt, Whole Grain)

Food	Serving Size 1 – 2 Years	Serving Size 3 – 5 Years	Serving Size 6 – 18 Years	Serving Size Adults	Whole Grain Creditable	Meat/Meat Alt Creditable	Can be purchased at
Bush's Baked Beans Original	1/4 Cup	1/2 Cup	1/2 Cup	1/2 Cup	NO	YES	Any Store
Dennison's Chili Con Carne	1/4 Cup	3/8 Cup	1/2 Cup	1/2 Cup	NO	YES	Any Store
El Monterey Bean & Cheese Burrito	1 1/4 Burritos	2 Burritos	2 1/2 Burritos	2 1/2 Burritos	NO	YES	Any Store
Eckrich Natural Casing Smoked Sausage	3 oz.	5 oz.	7 oz.	7 oz.	NO	YES	Walmart
Farmland Cooked Diced Ham	4 oz.	6 oz.	8 oz.	8 .oz	NO	YES	Walmart
Foster Farms Turkey Franks	1/2 of a Serving	3/4 of a Serving	1 Serving	1 Serving	NO	YES	Any Store
Foster Farms Breaded Chicken Breast Patties	1/3 of a Patty	1 Patty	1-1/4 of a Patty	1-1/4 of a Patty	NO	YES	Any Store



Food Allergies

- Allergic reactions to food can be life threatening
- Imperative to keep record of known allergens and avoid serving foods to children with allergies
- If a child has an allergic reaction while in your care, call 911 immediately and administer epi pen if applicable





Meal Planning Resources

- USDA Food Buying Guide
 - Can download as an app on your smartphone or access online
 - Can also download a PDF
 - Search foods, determine serving sizes, find WGR options, build shopping lists and more
- USDA Training Tools
 - Training worksheets, posters, powerpoints on individual topics
 - Templates- Menu planning, Point of Service Meal Count Sheets
 - Crediting Handbook
 - Let's Make a Snack- Snack Menu Planner and It's Breakfast time- Breakfast Menu Planner
 - Feeding Infants Guide
- National CACFP Association (NCA)
 - Training sheets and resources
 - Pre-built menus- Cycle menus, Budget Savvy Cycle Menu, Seasonal Menus



Compliance and Record

Keeping



Compliance Requirements

- Building for the Future Flyer- posted conspicuously

Building for the Future Flyer - English Division of Food and Nutrition



<p>This facility participates in the Child and Adult Care Food Program (CACFP), a federal program that provides healthy nutritious meals and one snack, or two snacks and one meal to eligible children and adults.</p> <p>Each day 4.2 million children and 130,000 adults participate in the CACFP across the country. Providers are reimbursed for serving nutritious meals and snacks which meet USDA requirements. The CACFP plays a vital role in improving the quality of programs and making it more affordable for low-income families.</p>			
<p>Meals - CACFP meals and snacks must follow meal requirements established by USDA</p>			
Breakfast	Lunch or Supper	Snacks (Two of the groups)	
Milk Fruit or Vegetable Grains or Meat or meat alternate (Three times/week)	Milk Meat or meat alternative Grains Fruits Vegetables	Milk Meat or meat alternative Grains Fruit Vegetables	
<p>Participating Facilities – Many different programs operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:</p> <ul style="list-style-type: none"> • Child Care Centers: Licensed or approved nonprofit and some for-profit childcare centers, Head Start programs and before and after school programs. • Day Care Homes: Licensed or approved family and group homes. • At-Risk Afterschool Programs: Programs with learning and enrichment activities in low-income areas that provide one free meal and/or snack per day to school-age children and youth. • Homeless Shelters: Emergency shelters that provide meals to temporarily displaced or homeless children and youth. • Adult Day Care Centers: Licensed and some non-profit and some for-profit adult care centers which provide structured, comprehensive services. <p>Eligibility – State agencies reimburse facilities that offer non-residential day care to the following:</p> <ul style="list-style-type: none"> • Children aged 12 and under • Migrant children aged 15 and younger. • Children and youth through age 18 in emergency shelters or/and in low-income afterschool programs • Adults who are functionally impaired or aged 60 or older. <p>Contact Information – If you have questions about CACFP, please contact one of the following:</p>			
Sponsor:		State Agency:	
Food For Kids, Inc. 140 Washington St., Suite 250 Reno, NV 89523		Nevada Department of Agriculture Division of Food and Nutrition CACFP Community Nutrition Specialist 2300 E. St. Louis Ave Las Vegas, NV 89104-4211	
Phone Number: 775-337-9121		(702) 668-4585	



Compliance Requirements

- Building for the Future Flyer- posted conspicuously
- WIC Flyer- posted



The flyer is titled "NEVADA WIC WOMEN, INFANTS & CHILDREN". It is divided into several sections: "What is WIC?" (providing nutritious foods, nutrition education, breastfeeding support, and referrals to health and other social services at no charge), "Who Can Qualify for WIC?" (listing criteria for pregnant/postpartum/breastfeeding women, infants, and families with low income or existing benefits), "WIC food packages include:" (listing fresh fruits and vegetables, milk and cheese, eggs, peanut butter, beans, whole grains, and cereal), "Starting healthy habits, growing brighter futures" (with a photo of a baby), "WIC Services Include" (listing Nutrition Education, Nutritious Food, Breastfeeding, Community Referrals, Counseling, and Health Screening), and contact information (1-800-8-NEV-WIC, www.nevadawic.org). The bottom of the flyer features a photo of a woman breastfeeding a baby and a basket of fresh produce.

What is WIC?
WIC provides nutritious foods, nutrition education, breastfeeding support, and referrals to health and other social services to participants at no charge.

Who Can Qualify for WIC?
Women who are pregnant, postpartum or breastfeeding
Infants or children up to the age of 5
Families who have a moderately low income or are already receiving TANF, Medicaid or SNAP benefits
A variety of families can qualify for WIC:
Single and Married families
Working or not working
Mothers and Fathers
Grandparents
Foster parents
Legal Guardians

WIC food packages include:

- Fresh fruits and vegetables
- Milk and Cheese
- Eggs
- Peanut Butter
- Beans
- Whole grains
- Cereal

Starting healthy habits, growing brighter futures

WIC Services Include

Nutrition Education
We will help your family create healthy habits and reach your family's nutrition goals with helpful tips, recipes and support.

Nutritious Food
We will show you how to create healthy, affordable meals with the WIC Food Package by focusing on whole grains, fruits, vegetables and low-fat dairy.

Breastfeeding
Breastfeeding is the best way to feed your newborn. We offer breastfeeding support, education and counseling.

Community Referrals
We want you to have the community and healthcare assistance you need. We provide referrals for immunizations, health care and other programs.

Counseling
Parents often worry about their child's eating habits. Our qualified nutritionists and staff can give you professional nutrition and wellness advice.

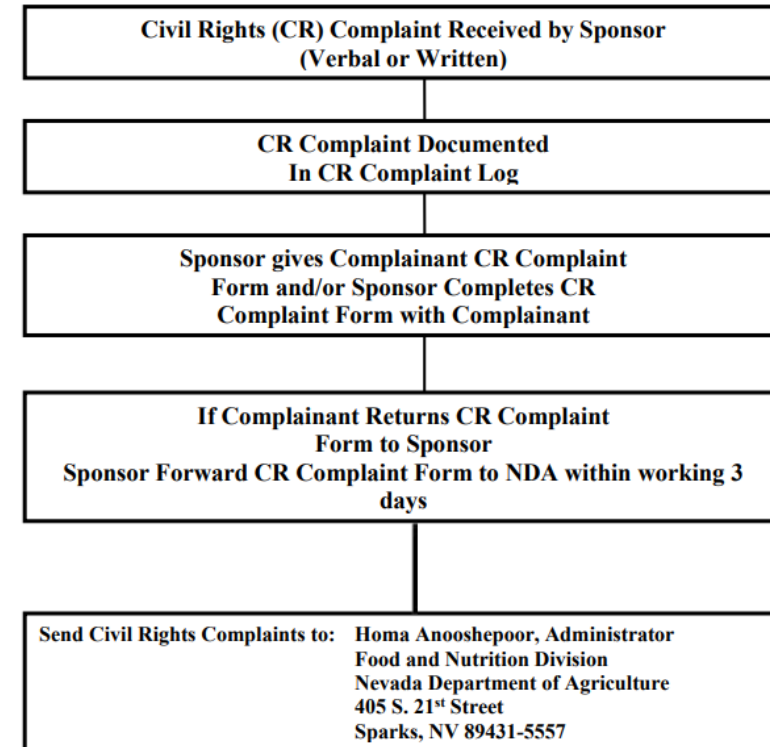
Health Screening
Tracking your child's growth will help you understand their health and development.

For more information
1-800-8-NEV-WIC
www.nevadawic.org

Compliance Requirements

- Building for the Future Flyer- posted conspicuously
- WIC Flyer- posted
- Civil Rights information must be readily available
 - Complaint form and log
 - Found in FFK Childcare Handbook and Resource Manual on website

Civil Rights Complaint Procedure



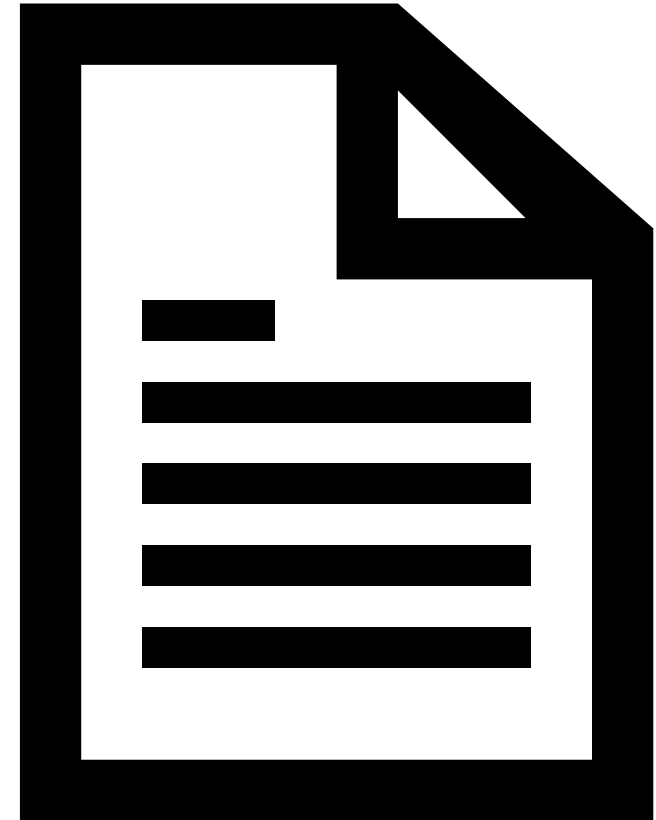
NDA is an equal opportunity provider.





Recordkeeping Requirements

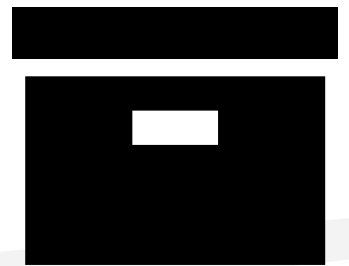
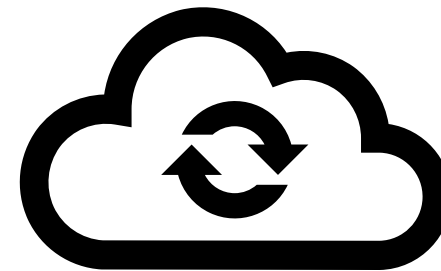
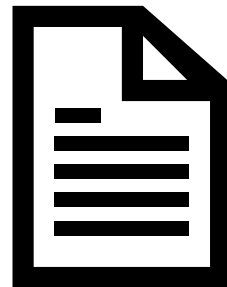
- All records kept for 3 years + current year
- MBIEs
 - Only if area eligibility is not Tier 1
- Menus
- Meal Pattern Substitutions- Document
- Nutrition labels- Yogurt, Cereals, and WGR
- Daily Attendance (Sign in and outs)
- Kidkare- Daily Claiming and Calendar
- License and/or Children's Cabinet or Urban League Certificate





Storage and Maintenance of CACFP Records

- CACFP Records must be kept for 3 years, plus the current operating year
- Establish an organizational system to keep records secure and accessible
- Can keep either electronic or paper records, or both





Submitting documents to FFK

- All documentation should be scanned or saved as a PDF document
- Email to homes@ffknevada.org
- Avoid responding to an unrelated thread with documents
- Include description in the subject line and/or body of your email
 - If you are submitting enrollment packets, include the names of the children that you are submitting
 - All other emails with documents should state what is attached



Meal Benefit Income Eligibility Forms

- Completed once by family
 - Will need to collect new MBIE's for any new families, or if a current family has another baby
- Cannot require that parents return them
 - Refusals qualify as Tier 2
- Parent/Guardian lists all household members and any corresponding income amounts

Name of Provider: _____

Part 1. All Household Members - including Residential Children: Request additional sheet if necessary.

Names of all household members (First, Middle Initial, Last)	CHECK IF A FOSTER CHILD (THE LEGAL RESPONSIBILITY OF A WELFARE AGENCY OR COURT). * IF ALL CHILDREN LISTED BELOW ARE	CHECK IF NO INCOME
Adult Household Member #1:		
Adult Household Member #2:		
Adult Household Member #3:		
Child #1:		
Child #2:		
Child #3:		
Child #4:		

Part 2. Benefits: If any member of your household received SNAP, FDPIR, or TANF, provide the name and case number for the person who receives these benefits and skip to part 4. If no one receives these benefits, skip to part 3.

NAME: _____ CASE NUMBER: _____

Part 3. Total Household Gross Income (income before deductions)—You must tell us how much and how often:

Name (List only household members with income)	B. Gross income and how often it is received: identify weekly, every other week, monthly.			
	Earnings from work before	Welfare, child	Pensions, retirement, Social Security, SSI, VA	4. All Other Income
	how much/how often	how much/how often	how much/how often	how much/how often
	\$ / _____	\$ / _____	\$ / _____	\$ / _____
	\$ / _____	\$ / _____	\$ / _____	\$ / _____
	\$ / _____	\$ / _____	\$ / _____	\$ / _____
	\$ / _____	\$ / _____	\$ / _____	\$ / _____
	\$ / _____	\$ / _____	\$ / _____	\$ / _____

Part 4. Signature and Last Four Digits of Social Security Number: An adult household member must sign this form. If Part 3 is completed, the adult signing the form must also list the last four digits of his or her Social Security Number or write the word None if the signer doesn't have a Social Security Number. (See Privacy Act Statement on the back of this page.)

I certify that all information on this form is true and that all income is reported. I understand that the day care home will get Federal funds based on the information I give. I understand that CACFP officials may verify the information. I understand that if I purposely give false information, the participant receiving meals may lose the meal benefits, and I may be prosecuted.

Sign here: _____ Print name: _____ Date: _____

Address: _____ Phone Number: _____

City: _____ State: _____ Zip Code: _____

Last four digits of Social Security Number: * * * - * * * - _____ (If none write the word "NONE")

If any child you are applying for is homeless, migrant, or a runaway check the appropriate box and call your school, homeless liaison, or migrant coordinator
 Homeless Migrant Runaway

Part 6. Participant's ethnic and racial identities (optional):

Mark one ethnic identity: <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino	Mark one or more racial identities: <input type="checkbox"/> Asian <input type="checkbox"/> White <input type="checkbox"/> Black or African American	<input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Native Hawaiian or Other Pacific Islander
-----------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------

Written Consent (✓ the box): I WANT the provider to collect this form and transmit it to the sponsor on my behalf.



Menus

- Menus are required to be entered into Kidkare
- Post a menu at childcare site
 - Export directly from Kidkare OR
 - Transfer into a menu template
- Posted menu must say “This institution is an equal opportunity provider” at the bottom
- Whole grain items must be designated with “WG” - at least 1 WG offered per day
- Need to also post an infant menu with all required meal components if infants attend
- If substitutions are made document on menu by crossing out the item that was planned and writing in the item served

Meals	Mon - 02/05	Tue - 02/06	Wed - 02/07	Thu - 02/08	Fri - 02/09
Breakfast	Breakfast Oatmeal - (WG) Instant Bananas Milk Apples	Breakfast Egg English (WG) Muffin Pears Milk	Breakfast Peanut Butter - Snack Pancakes / (WG) Waffles (WG) Bananas Milk	Breakfast French (WG) Toast Tangerines Milk	Breakfast Yogurt Croissants Grapes Milk
Lunch	Lunch Havarti Wheat (WG) Bread vegetable soup Oranges Milk	Lunch Chicken Nuggets Ramen Noodles, Packaged Green Peas Tangerines Milk	Lunch Havarti Rice Pilaf Broccoli Peaches Milk	Lunch Soy Crumbles Spaghetti Noodles Mixed Vegetables Applesauce Milk	Lunch Pinto Beans Spanish Rice Corn Avocado Milk
PM Snack	PmSnack Yogurt Graham Crackers-Honey Grapes	PmSnack Cheese Crackers Grapes	PmSnack Pretzel, Hard Tangerines	PmSnack Peanut Butter - Snack Graham Crackers-Honey Apples	PmSnack String Cheese Wheat (WG) Crackers Apples



Meal Pattern Substitutions

- Needs to be a signed doctor's note for a **medical condition that requires changes to the meal pattern requirements**
- If the condition can be accommodated within the meal pattern requirements, a parent note is sufficient
- Encouraged (but not required) to accommodate preferences if the meal pattern is still met
 - Examples include vegetarian, kosher diets
 - Parents can provide 1 meal component to help with this too
- Submit a copy of the signed doctor's note to the homes email





Daily Attendance- Sign in and out

FOOD FOR KIDS, INC.
Sponsor of the USDA Child & Adult Care Food Program
PARENT SIGN-IN/SIGN-OUT SHEET

Provider's ID #: _____ Claim Month: _____
Provider's Name: _____

Name of Child Enrolled on the Food Program	Daily Meal Count B A L P D E	Child #	Sign In	Depart Time	Name of Parent or Guardian of Child Printed Name	Signature of Parent or Guardian	Date Signed

- Children must be signed in and out by their parent or guardian daily
- Either paper or in a system like Procure
- Attendance records need to be available upon request and should back up claiming in Kidkare





- Online system that we use for claiming
- Claim children for meals served daily
- Maintain menu
- Update calendar
 - Closures and field trips need to be updated in Kidkare





Claims Submission and Reimbursement



Submitting a Monthly Claim

Daily claiming in Kidkare

Submit claim to sponsor in Kidkare at the end of the month

Submit updated enrollments or license documents if needed



Determining Tiering Eligibility

First we check:

- Area Eligibility- Census data or school zone
- Provider MBIE and taxes- if they qualify for Tier 1



All meals reimbursed
at Tier 1 rate

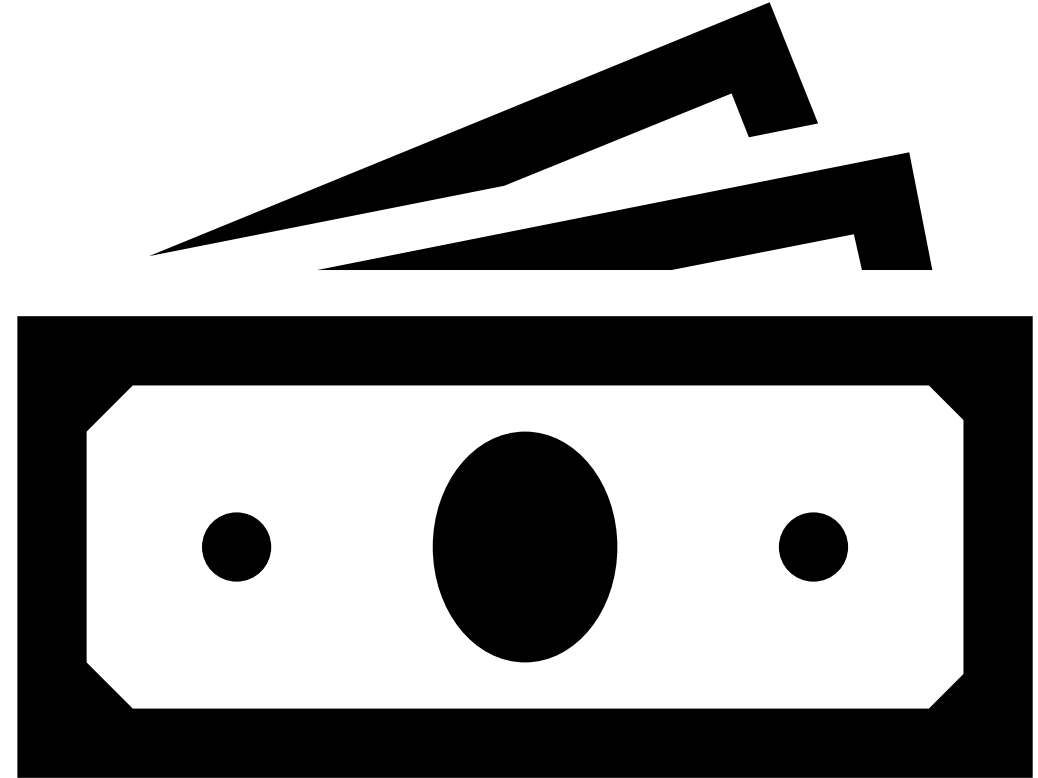
If none of these qualify home for Tier 1:

- Collect parent MBIE's to determine individual child tiering eligibility
- Children may be reimbursed at different tiers depending on their family's income eligibility
- Parents filling out an MBIE is voluntary and can not be required
- Parent refusal to fill out MBIE results in reimbursement at Tier 2 Level



Reimbursement Process

- State reviews claims from sponsor, and distributes funds to the sponsor
- Sponsor distributes funds down to individual centers
- Timeline
 - Once the state submits the claim to federal level, they have 45 days to pay the state
 - Once the state pays FFK, we have 5 business days to disburse funding to all homes and centers





How are meals reimbursed?

- Meals and snacks served by home day care providers are reimbursed at tiered rates, either Tier 1 or Tier 2
- Reimbursed for 2 meals and a snack OR 2 snacks and a meal per child per day
- Eligibility for each tier is based on area eligibility based on census data or school zones or meal benefit income eligibility forms for the provider or each family

2024-2025 Tiered Reimbursement Rates- Daycare Homes		
Tier	Tier 1	Tier 2
Breakfast	\$1.66	\$0.60
Lunch/Supper	\$3.15	\$1.90
Snack	\$0.93	\$0.26



Monitoring Visits and Serious Deficiency Process



Monitoring Process

- FFK conducts monitoring visits to all sponsored providers to evaluate compliance and provide technical assistance
- Unannounced visits at least 3x per year
- Usually observe a meal; sometimes just a non-meal review
- Corrective actions and serious deficiencies may result for repeated non-compliance





What Monitors Look For

- ✓ Overall CACFP Compliance
- ✓ Attendance for the past 5 days- Compare to children claimed in CX/Kidkare
- ✓ Meal service
 - ✓ Menu matches items served, all components are served in correct portion sizes, meal is served at the approved meal service time
- ✓ Accurate recordkeeping
- ✓ Kitchen and foodservice safety and sanitation
- ✓ Any areas where technical assistance may be warranted





After a Monitoring Visit



You will receive a copy of the
Child Review Form

Review and sign with monitor during visit
Ask any questions about things they noted
Can download a copy from Kidkare



If the monitor noticed overclaiming or errors in meal service,
meals may be disallowed



If applicable, you may receive a corrective action notice or
serious deficiency notice with instructions on how to proceed



Corrective Actions



- If there are findings during a monitoring review, it may result in a corrective action
- A corrective action is an opportunity to improve CACFP operations
- Received in writing, and you will have to create an action plan to remedy the findings and prevent further non-compliance
- A follow up visit will be conducted to evaluate whether the action plan was followed and problems remedied



Serious Deficiencies



Serious deficiencies may be issued in cases of fraud, serious mismanagement, or recurrent unresolved findings



Failure to remedy the cause of a serious deficiency can result in termination from the program and placement on the National Disqualified List (NDL)



Being listed on the NDL prevents individuals from being involved in CACFP program operations for 7 years following the placement



Thank you for joining us!

