

## What is the Child and Adult Care Food Program and how can I participate?

The Child and Adult Care Food Program (CACFP) is administered by the U. S. Department of Agriculture (USDA) and offered through the Food and Nutrition Division of the Department of Agriculture by Food For Kids, Inc. Licensed child care and adult day care centers who meet certain requirements can receive reimbursement each month to help recover costs for the meals and snacks they serve to children and adults in their care. As a center the children in your care must qualify at 25% or more free/reduced. For adult day cares 25% or more free/reduced and those with Medicaid will automatically qualify. We provide the forms and help to determine if you meet the qualifications.

## Why is this program provided?

The purpose of the CACFP is to improve the quality of child care for families by providing assistance in offering nutritious meals and snacks served to children and adults in care.



## The CACFP can improve the nutritional quality of child care meals and snacks in three ways.

The program provides required guidelines for meals served to children and adults.

Participation on the CACFP provides monetary (reimbursement) assistance to help pay for meals served that meet USDA requirements.

The CACFP requires attendance at annual training and Food For Kids conducts 3 monitoring visits per year.

This program helps ensure that the growing number of infants, toddlers, young children & adults in care receive healthful, nutritious meals and snacks.

## How can the CACFP help me?

Helps pay for the meals served to children/adults in your care

Teaches you how to plan and serve meals that meet nutritional standards

Lets parents know that children have adequate, nutritious meals at child care

Provides training that will help you ensure success in the program.

Remember, the reimbursement is to help pay for the meals and snacks you serve. Not all center providers are able to cover the entire cost of the meals they serve with the reimbursement money they receive through the CACFP. But what you do receive can help in recovering your current costs.

## How can the CACFP help parents?

When parents leave a child in your care they want to feel confident that the child receives the best care. By participating in the CACFP you can assure parents that their child:

- ✓ Receives nutritious meals
- ✓ Receives meals based on USDA nutritional standards for young children
- ✓ Learns about food and eating to help develop healthful eating habits

## Basic USDA Requirements for Licensed Center/Adult Providers.

Prepare and serve meals that meet the CACFP Meal Pattern requirements. The requirements include serving certain groups of foods in amounts appropriate to a child's/adult's age.

Keep records of daily menus

Record the number of children/adults served at each meal

Maintain good sanitation so the food served is safe

Participate in required training. Food for Kids will provide training to help you get started in the CACFP

Promote the safety and well-being of the children/adults in your care

*If you care for children/adults  
in your care...*

Then you may be eligible to participate on the  
Child & Adult Care Food Program with *Food  
For Kids, Inc.*

Food For Kids, Inc. provides you with:

- ✓ Monetary Reimbursement
- ✓ Monthly Newsletters
- ✓ Introductory Handbook
- ✓ Nutrition Related Resources
- ✓ Menu Ideas
- ✓ Cycle Menu Plans
- ✓ Program Training
- ✓ Free Online Training
- ✓ Free Online Claiming
- ✓ 24/7 Access to Forms: from  
[www.foodforkidsnevada.org](http://www.foodforkidsnevada.org)
- ✓ Free Direct Deposit
- ✓ Free Child Care Credit Hours
- ✓ Two Bite Club and other resources

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Las Vegas, NV

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institution is prohibited from discriminating on the  
basis of race, color, national origin, sex, or age.

# Food For Kids, Inc.

## Child & Adult Care Centers

*A Nevada sponsor of the Child &  
Adult Care Food Program*



*Serving children and adults in  
Nevada*

*Since 1988*

*Great nutrition for the children and  
adults in your care starts here!*