

## What is the Child and Adult Care Food Program and how can I participate?

The Child and Adult Care Food Program (CACFP) is administered by the U. S. Department of Agriculture (USDA) and offered through the Nevada Department of Education by Food For Kids, Inc. Licensed child care home providers and Children's Cabinet and Urban League Family Friend & Neighbor (FFN) providers who meet certain requirements can receive reimbursement each month to help pay for the meals and snacks they serve to children in their care. As a home provider, the amount of reimbursement you receive is based on the location of your home, total household income, or the income of the parents you serve. Your own children are eligible to participate if you meet the income guidelines.

### Why is this program provided?

The purpose of the CACFP is to improve the quality of child care for families by providing assistance in offering nutritious meals and snacks served to children in child care. Any provider, regardless of income, may participate on the program.



## The CACFP can improve the nutritional quality of child care meals and snacks in three ways.

The program provides required guidelines for meals served to children.

Participation on the CACFP provides monetary (reimbursement) assistance to help pay for meals served that meet USDA requirements.

The CACFP requires attendance at annual training and Food For Kids conducts three home monitoring reviews each year.

This program helps ensure that the growing number of infants, toddlers, and young children in child care receive healthful, nutritious meals and snacks.

### How can the CACFP help me?

- Helps pay for the meals served to children in your care
- Teaches you how to plan and serve meals that meet nutritional standards
- Lets parents know that children have adequate, nutritious meals at child care
- Provides training that will help you run your home-based business

Remember, the reimbursement is to help pay for the meals and snacks you serve. Not all family day care home providers are able to cover the entire cost of the meals they serve with the reimbursement money they receive through the CACFP.

## How can the CACFP help parents?

When parents leave a child in your care they want to feel confident that the child receives the best care. By participating in the CACFP you can assure parents that their child:

- ✓ Receives nutritious meals
- ✓ Receives meals based on USDA nutritional standards for young children
- ✓ Learns about food and eating to help develop healthful eating habits

## Basic USDA Requirements for Licensed or Approved Day Care Providers

- Prepare and serve meals that meet the CACFP Meal Pattern requirements. The requirements include serving certain groups of foods in amounts appropriate to a child's age.
- Keep records of daily menus
- Record the number of children served at each meal
- Maintain good sanitation so the food served is safe
- Participate in required training. Food for Kids will provide training to help you get started in the CACFP
- Promote the safety and well-being of the children in your care

*Do you care for children in your home?*

If the answer is *YES*, you may be eligible to participate on the Child & Adult Care Food Program with *Food For Kids, Inc.*

Food For Kids, Inc. provides you with:

- ✓ Monetary Reimbursement
- ✓ Monthly Newsletters
- ✓ Introductory Handbook
- ✓ Nutrition Related Resources
- ✓ Menu Ideas
- ✓ Cycle Menu Plans
- ✓ Master Menus
- ✓ Program Training
- ✓ Free Online Training
- ✓ Free Online Claiming
- ✓ 24/7 Access to Forms: from [www.foodforkidsnevada.org](http://www.foodforkidsnevada.org)
- ✓ Free Direct Deposit
- ✓ Free Child Care Credit Hours
- ✓ Two Bite Club

Reimbursement Rates

July 1, 2013 to June 30, 2014

**Tier 1 Homes**

Breakfast \$1.28

Lunch/Supper \$2.40

Snacks \$.71

**Tier 2 Homes**

Breakfast \$.47

Lunch/Supper \$1.45

Snacks \$.19

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Food For Kids is an equal opportunity provider. In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, or age.

# Food For Kids, Inc.

*A Nevada sponsor of the Child & Adult Care Food Program*



*Serving Nevada Day Care Homes*

*Since 1988*

*Great Nutrition for Your Family  
Day Care Business Starts Here!*